

# Demystifying Resistance



## Caring for Someone with Dementia: How You Help Makes a Difference

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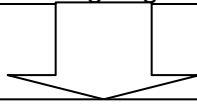
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## How Can We Help With Resistive Behaviors?

### **FIRST** – Describe the Behavior

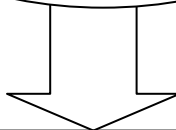
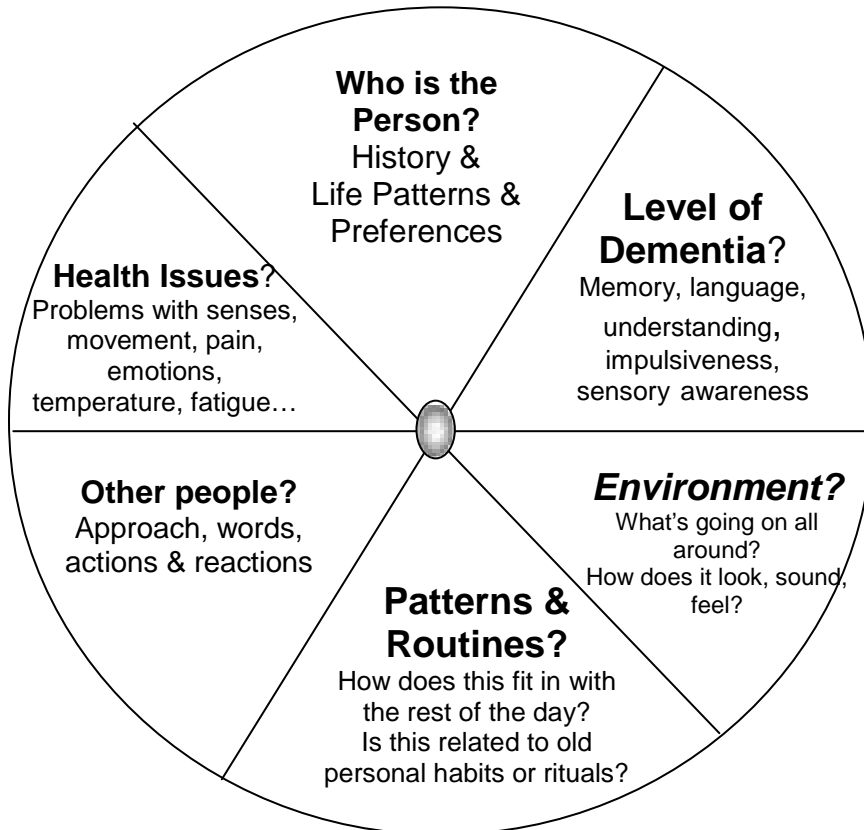
Use *OBJECTIVE* words

What happens? Where does it happen? Who is involved? When does it happen?  
What else has been going on during the day?



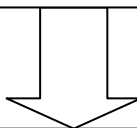
### **THEN...** *Figure out what you know and what you don't know!*

Take the time to fill in ALL the pieces of the puzzle!



### **NOW --- BRAINSTORM** –

Given all the pieces of the puzzle... What do you think is going on?  
How would you explain the behavior of this person?



### **THEN --- COME UP WITH AN ACTION PLAN!**

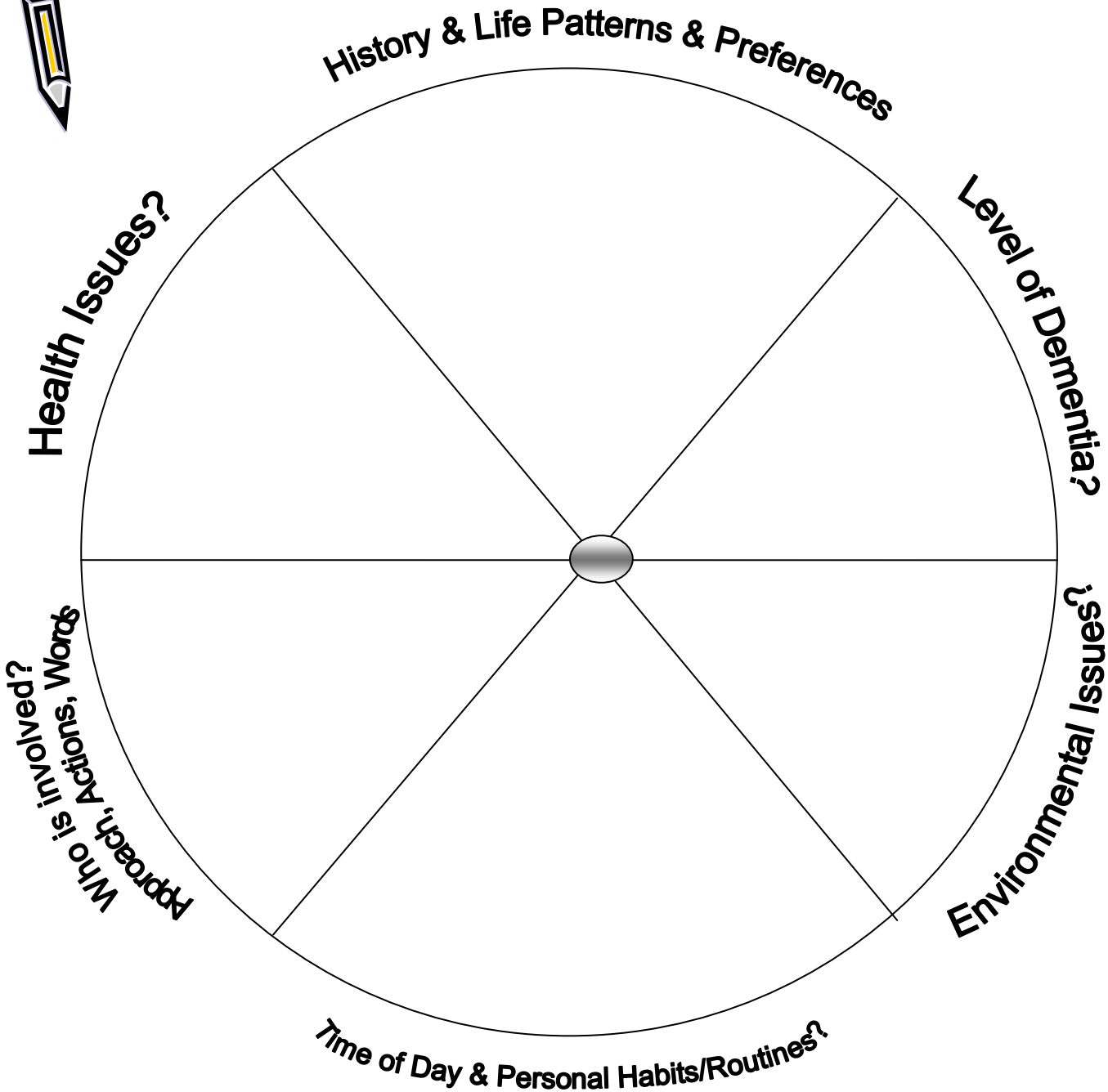
What will you try?  
How do you think it might help?  
How will you know if it works?  
Who will be doing what?

**First – Describe the Behavior – Be Objective**

- What happens?
- Where does it happen?
- When does it happen?
- Who is involved?
- What is said? Done?
- How does it start? Stop?

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don't know. Fill in all the parts of the puzzle.



**NOW --- BRAINSTORM –**

Given all the pieces of the puzzle... What do you think is going on?  
How would you explain the behavior of this person?

**THEN --- COME UP WITH AN ACTION PLAN!**

What will you try?  
How do you think it might help?  
How will you know if it works?  
Who will be doing what?